

# Health Benefits of The Floating Bed



Memory Foam Mattress



Poolside,  
with rain shade



Hard Rock Hotel, Biloxi



The inventor, on  
ABC's American Inventor

[www.floatingbed.com](http://www.floatingbed.com)



Extreme Makeover,  
Home Edition, ABC TV

# Health Benefits of The Floating Bed™ (Pat. Pend.)

## The Bed Of Your Dreams.

### - A New, Better Way to Sleep, Relax, and Heal.

Is your family getting the best sleep possible?

70 million Americans have chronic sleep problems, and almost no one is getting ideal sleep. Modern life, stress - many things contribute to our nationwide epidemic of unhealthy sleep, which in turn is causing other health problems, physical & psychological. They include poor performance at work, in relationships, erratic behavior, accidents, & diseases. Simply improving sleep quality will dramatically improve your health.

**So why can't our sleep time be enjoyable too? Even better, what if your bed could actively contribute to your health, not just lie there?**



Nature solved this problem a long time ago. It's called **Omni-Pendulum** or "**Floating Motion.**" Scientific studies show many benefits of rocking. But not all motion is equal; Floating Motion is ideal (a gentle, gliding upward arc, under one axis). The **Floating Bed** is designed for maximum benefits, not just for looks. Most importantly, **it feels really great**. You feel almost weightless, as if floating.



**What does Floating Motion do? It has many benefits.**

First, **rocking is a proven, natural sleep aid**. But why?

It is the same safe motion that we felt, gently floating in our mother's womb. Nature selected this motion for its calming effect. It has positive effects on the limbic, circulatory, and other systems. It activates a deep, powerful relaxation response. Mothers intuitively rock babies from head to toe, using that same floating motion. Every mother knows that rocking is good for a baby. But science has found that motion is good for adults too.

Rocking increases blood & most importantly, lymphatic circulation. We all know the heart pumps blood & nutrients into the cells. But to carry toxins away from the cells, **your body requires motion**; the body's drain system, the lymphatic system, has no pump. Doctors know that people without enough motion, or who are bed-ridden, quickly develop serious health problems. For example, after surgery, patients are required to get up & move around as soon as possible, even if exhausted and totally in pain. Rocking speeds post-operative recovery, and reduces pain; it actually feels good!

By reducing back pressure in the circulatory system, motion decreases swelling, all throughout the body. Muscles & tissues stretch & relax. Soreness, aches, & pain diminish noticeably right away. It is much more relaxing than simply lying down. Reducing swelling is a fundamental principle of healing.

Rocking creates a pumping action that increases circulation between spinal discs and other joints, bathing your cells in fresh nutrients. The nervous system recognizes this and sends signals of pleasure, to encourage you to continue.

**Without motion, you will die. The more motion, the better.**





The subtle motion provides better sleep, & less morning stiffness. Studies show rocking improves dreams, & reduces overall stress.

**It cures motion sickness.** How? The mechanism is not fully understood, but it is well proven. One theory is that rocking puts accumulated toxins into circulation, then sweeps them out. Children rarely have motion sensitivity. Yet it is found in many adults, & it gets worse with age. It is ironic that the thing sufferers avoid is the cure. Fortunately, Omni-Pendulum motion is actually enjoyable! You begin slowly, and increase over 4 - 8 weeks time. It has cured sailors this way for centuries, painlessly.

### **Research shows many benefits of Vestibular Motion Therapy.**

It increases learning, increases communication between the brain hemispheres, & helps balance them. Medical studies show benefits for Autism, ADD, CFS, & many health conditions (increased concentration, attentiveness, learning, balance, body awareness, more) - call for details on others & for therapy use. Since it is so much fun, children (& adults) want to use it.

Other benefits are being found at the frontiers of science. For example, rocking increases oxygen delivery to the cells. Your body burns food & oxygen to generate electricity to power your muscles & nervous system. Reduced oxygen to the cells results in chronic pain, suffering, and disease. Your cells are starved for oxygen until the lymphatic vessels remove toxins, blood proteins, and water. Rocking promotes this electrochemistry, turns on this "switch," increasing overall health, energy, and alertness.

During rocking, lymphatic circulation increases while you are in a relaxed physical, emotional, and mental state. This is a very positive state for healing. Modern life is deficient in motion, which our ancestors got through activity. **Motion is life.**



**We Care Health Spa, Palm Springs**

### **The right motion makes all the difference.**

No other bed has this motion. It feels totally different from all other beds (including waterbeds, etc). This is the most simple, stable, predictable motion, and the only motion suitable for a bed, or for relaxing. Why? It is the only motion that tells your Vestibular System that you are safe to relax.

In a waterbed, you bounce up-down-&around. Or, old-style hanging beds (4 hooks) lurch from side-to-side flatly; you move opposite from the bed's motion, not with it. Either way, you get tossed around unpredictably. Your Vestibular System considers this dangerous, & tells you not to relax.

**Omni-Pendulum Motion is the best.** The bed arcs slowly, gently, smoothly up as it swings, to hold you perfectly in place. You are not tossed around. The arc cradles you, so you move with the bed, almost unaware of the motion. You will not fall out. (Not even if the bed could do a 360° overhead loop!) It is the only "safe" motion, & your mind instantly knows it. Your body automatically relaxes in a way that you will not with any other motion. Everyone has this "ah-ha" experience on The Floating Bed. Even if you do not understand why, you instantly relax more deeply.

**Is there a catch?** Yes. You must get one, it has to be installed (we can help), & it takes space. After that, it's all good news. You sleep better, get health benefits, at no ongoing cost, 8 hours a night. And you will feel better every day, for the rest of your life. Call about our guarantee now.

Learn more; visit [www.floatingbed.com](http://www.floatingbed.com) , and call us at: 888 528 6031.